California Pacific Medical Center
A Sutter Health Affiliate
Community Based, Not For Profit

INSTITUTE FOR HEALTH & HEALING

Degriefing®
counseling & education

Degriefing® for Professional Caregivers

"Grief is the most available, untapped, emotional resource for personal transformation."

Grief related problems are often unrecognized and remain unaddressed by today's overtaxed healthcare system. The ***Caregiver's Quest for Healing™*** seminar is designed to provide healthcare practitioners with the information, skills and resources to better understand the grief process following a loss. This daylong seminar will teach:

- specific communication tools to assist in skillful dialogue that addresses the patient's grief
- increase awareness of the professional caregiver's relationship to their own grief
- recognize options for integrative modalities for the transformation of grief and know when referrals are therapeutically indicated

Lyn Prashant is presenting her 7 hour seminar on:

June 16th at California Pacific Medical Center (CPMC) Pacific Campus, Level A Conference Room
9:00 am – 5:00 pm

September 16th at California Pacific Medical Center (CPMC) Pacific Campus, Enright Room
9:00 am – 5:00 pm

The cost of this seminar is $150, which includes the basic Degriefing booklet. **CEUs are available for nurses, psychologists, social workers, and MFTs.**

For online registration through Pay Pal- visit www.degriefing.com or send a check payable (please include your email address) to Lyn Prashant, PO Box 1501, San Anselmo, CA 94979. The Degriefing manual will also be available for sale at the event or beforehand on her website.

Lyn Prashant, MA, CT, CMT, founder of Degriefing® is a certified grief counselor and an ADEC Certified Thanatologist (death, dying and bereavement educator) with over 23 years experience in the field. She resided at the Living/Dying Project working with Stephen and Onderea Levine and the late Elisabeth Kubler-Ross (all of whom endorse her work with grief.) Lyn offers certification, presents at conferences, hospitals, medical centers, universities and hospices. Lyn writes about grief-related topics. Her thesis is the Caregivers's Quest for Healing.

"Grief, *as universal as the smile*, is not as complicated as we make it and not as simple as we would like it."

Recognized by the Association of Death Education & Counseling, to meet the thanatology related educational contact hour requirements to be certified in Thanatology: Death, Dying and Bereavement. CEU's available for nurses, by the Board of Registered Nurses (BRN), California, CEU Provider # 12938 & BBS PCE # 3810 for psychologists, social workers and MFT's